



Spa Body Treatments



3135 New Germany Road
(Ebensburg Mini-Mall)
Ebensburg Pa 15931
814-471-6871

Visit us online:

www.LHTAcademy.com

How Spa Treatments can help you:

- Stimulates circulation
- Promotes relaxation
- Refines and softens skin
- Re-mineralizes the skin

All of our spa body treatments are integrated into our massage services to achieve your ultimate relaxation goals.

Spa Body Treatments and prices:

Back Exfoliation	- \$40 (60 min)
Back Treatment	- \$30 (30 min)
(salt and mud)	- \$45 (60 min)
Full Body Salt Glow	- \$45 (60 min)
	- \$70 (90 min)
Salt Glow and Mud Wrap	- \$85 (100 min)
Aromatherapy Wrap	- \$45 (60 min)
	- \$60 (90 min)
The Ultimate Hand	- \$30 (30 min)
or Foot Treatment	
Warm Wax Therapy	- \$5 (15 min)
Ear Candling	- \$45 (90 min)

Appointments can be scheduled
Monday through Saturday.

Frequently Asked Questions:

What are Spa Body Treatments? – Our Spa Body Treatments are a wonderful addition to your massage to help you relax using high quality products that exfoliate, moisturize, firm, and soften the skin. Each treatment includes a massage session (ex: 100 minute Salt Glow and Mud Wrap includes the application and removal of salt and mud as well as a 60 minute massage for \$85)

What do I wear? – During your treatment you will be covered with a sheet at all times, regardless of how much clothing you take off. Your Therapist will tell you to “undress to your comfort level” – some clients keep on their undergarments while some undress completely. For mud wraps, it is best to wear inexpensive undergarments, as the mud may stain.

Who is my Massage Therapist? – The Therapists at LHTA are primarily students who have completed (a minimum of) 400 training hours prior to accepting clients in our clinic. *Instructors are also available to accept clients around their class schedules. Instructor rates apply.

Should I tip my Massage Therapist? – Much like at a restaurant, tipping is completely up to you. If you would like to reward your Therapist for a job well done, feel free to leave a tip (**cash only**). Do not feel pressured to do so. Tipping is always voluntary!